



# CLUB SPORTS ALASKA

## Family Cross Country Skiing

### NEW SKIER INFO

#### **Be on Time**

Plan to be at Service High School about 5-10 minutes early to allow for parking and getting equipment organized. Families are expected to be at our meeting spot at the start time. The group instruction in the stadium (large open field) and/or heading out on the trails (depending on the groups' assignments for the day) will begin promptly. We do not want kids getting cold waiting for latecomers! Thank you in advance for making sure you are on time. Please understand that it is your responsibility to make sure your children have met up with their groups and are not left alone. Please make arrangements ahead of time if you know you will be late. It will be difficult to locate a coach once the group has left the stadium area.

#### **Weather Cancellations**

Practices will be cancelled if the temperature, including wind chill, is less than 0°F or if the conditions are too icy. Cancellation notices will be sent out via e-mail and text two hours before the start of lessons. CSA does not guarantee the number of lessons due to the unpredictability of the weather.

#### **Hats**

All children/youth skiers will receive a CSA hat at the first practice.

#### **Equipment**

We do not provide equipment. A number of local ski stores including AMH, REI, Trax Outdoor Center, Hoarding Marmot, Play-It-Again Sports, and Barney's have equipment for sale or rent. There are also several local gear swaps where you can find used gear. Please see the gear information sheet for more details. Due to ski shortages, they have been much harder to find this year. Online orders may be another potential option.

## **Volunteer**

We need your help! The CSA Family Ski program depends on parental participation, and we need your support to keep this wonderful program going. We have opportunities for ALL LEVELS of coaching. Mostly, what our skiers need is to have adults leading their group who is positive and—most importantly—help them have FUN! Please contact us if you are interested in helping!